



## | Merepark Medical Centre Primary Care Newsletter 2023



AUTUMN '23

### The Primary Care Team

The team will use this newsletter to celebrate successes across the network, highlight key or successful studies and share best practice. **We would be delighted if you have something for us, get intouch via our email: [contact.merepark@nhs.net](mailto:contact.merepark@nhs.net)**



#### Updates



A huge WELCOME to our new staff joining the MMC team:

Maxine - Care Navigator  
Maureen - Practice Nurse  
Patsy – Locum ANP  
Jenny – Finance Manager  
Devlan - Project Manager

Farewell to Joan - 32 years' service at Merepark is just incredible and a huge achievement.

We will be wishing Joan a long and well deserved retirement after all the years of dedication and hard work it is your time to relax.



#### Highlights



We are delighted to inform you that we raised an amazing £215.64 on the MacMilian coffee morning. Well done team!

We also achieved a Gold Award for excellence in teaching student selected Clinical Placement Students 2022-23 and a Silver Award for excellence in teaching year 4 students. Well done to everyone involved.



Thank you to Victoria's Art Studio for our beautiful autumn window display making the practice look autumnal.



Daily Enquiries: [contact.merepark@nhs.net](mailto:contact.merepark@nhs.net)

MMC Contact number: 01270 275600

Website: [www.merepark.nhs.uk](http://www.merepark.nhs.uk)

Facebook/TikTok: Merepark Medical Centre

Address: Merepark Medical Centre, 12 Sandbach Rd South, Alsager, ST7 2LU

# Greener Practice

Merepark Medical Centre is currently top in the Country for Greener Practice; There are lots of ways you can do to also help:

- Drop off your used inhalers in our inhaler recycling box at reception.
- Book a consultation with our pharmacist for a medication review.
- Register with our texting system for updates on appointments and to our electronic prescription service.
- Try to car share/walk/cycle or take public transport to your appointments at the practice.
- Ask about our social prescribing resources

## League table

Merepark Medical Centre	404 points
Frome Medical Practice	401 points
Hillview Surgery	327 points
Portsmouth Group Practi...	301 points
The Wooda Surgery	284 points
Brannam Medical Centre	266 points
Mile Oak Medical Centre	266 points
Newquay Health Team	238 points
Herstmonceux Integrati...	236 points
The Corner Surgery	236 points

GREEN IMPACT GOLD Plus  
2019-20



MMC achieved the highest GOLD+

Merepark Medical Centre has achieved the highest GOLD+ Standard in the 2020 Green Impact for Health Awards



## Local Support and Services in our Area

- New Bereavement Support Group in Sandbach - at the Literary Institute, Bradwall Road, CW11 1AE on from 2.30 – 3.30pm. The next session is on Friday 24th November. To book a place and for more information please contact Carole Salmon on 07923 125 662 or [carole.salmon@rightathome.co.uk](mailto:carole.salmon@rightathome.co.uk)
- SMASHcare Community Hub – The next session of the Alsager Hub will be on Monday 6th November, 2 – 4pm at Wesley Place, Lawton Road, Alsager, ST7 2RU. Contact [lois.hockenhull1@nhs.net](mailto:lois.hockenhull1@nhs.net)
- Stroke Survivors Group in Sandbach – The Stroke Survivors runs on a Wednesday from 11am to 1pm at Sandbach Rugby Club, Bradwall Road, Sandbach, CW11 1RA. For more information about the group please call 01270 335061 or email [Strokesurvivorgroup@gmail.com](mailto:Strokesurvivorgroup@gmail.com). The group are also running awareness sessions at Ashfields Surgery in Sandbach on the following dates: Thursday 9am to 4pm - Nov 16<sup>th</sup>, Thursday 9am to 4pm - Dec 14<sup>th</sup>
- Dinner Hub - takes place every Thursday 3 – 5pm and is open to all and a free hot meal is provided. Wesley Place, Methodist Church Alsager. Contact Sarah Simpkin: [sarahsimo28@live.co.uk](mailto:sarahsimo28@live.co.uk) or visit [www.wesley-place.org.uk](http://www.wesley-place.org.uk)



## Upcoming Events

## Join the Patient Participation Group

What is the Patient Participation Group or PPG?

A Patient Participation Group (PPG) is a group of people who are patients of the surgery and want to help it work as well as it can for patients, doctors and staff.

Your views are important and will be listened to. It may not be possible to act on every suggestion, but all feedback is very valuable.

Working in a spirit of mutual respect, openness and trust, all patients' views will be discussed and, where appropriate, we will work together on solutions.

To join pick up a leaflet from our reception desk, fill it in and hand it back to one of our team or you can email on [contact.merepark@nhs.net](mailto:contact.merepark@nhs.net)



